

27th Annual Congress of the Hungarian Society of Hypertension ESH-HSH Joint Symposium



PROGRAM

19 - 21 September, 2019



President of the Congress:

Dr. Botond CSIKY PhD
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Secretary of the Congress:

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Scientific Committee:

President: **Prof. Dr. Ákos KOLLER**
Members: **Dr. Katalin FARKAS**
Dr. Imola FEJES
Prof. Dr. Tibor KOVÁCS
Prof. Dr. György REUSZ
Prof. Dr. Béla SZÉKÁCS

Dr. András TISLÉR
Dr. Imre KOVÁCS
Dr. Péter STUDINGER
Prof. Dr. László ROSIVALL
Dr. Szabolcs VÁRBÍRÓ

DATE OF THE CONGRESS 19-21 September, 2019
VENUE: Hotel Azúr, 8600 Siófok, Erkel Ferenc utca 2/c

REGISTRATION:

19-20 szeptember 2019 07.00-18.00-ig
21 szeptember 2019 07.00-15.00-ig

REGISTRATION FEE: (the price includes VAT)

Registration fee	until 14.06.2019	until 10.09.2019
	90€	100€

Lunch: 18€/occasion (buffet lunch, the price includes VAT)
Dinner –19 September, 2019: 18€/person (the price includes VAT)

CONTENTS OF PARTICIPANT FEES:

A full membership fee includes Congressional participation in the scientific programs of the Congress, a visit to the congress-related exhibition, the program booklet, the name-holder, the invitation for the first dinner. It also includes a point-of-sight certificate for the Congress.

INFORMATION ABOUT CATERING

Lunch

Lunch will be served in the hotel's restaurant with a limited selection buffet, without drinks. For those who do not wish to use it, we could recommend the hotel's pizzeria, where they can eat salads, pizzas and fast food, a la carte.

ORGANISER



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Social Program

20 September, 2019 20.00 - Gala dinner

Venue: Hotel Azúr
(Includes registration)

INVITED SPEAKERS :

Prof. Pierra Boutouyrie	<i>Paris, France</i>
Prof. Luís Bronze	<i>Porto, Portugal</i>
Dr. Vitor Paixão Dias	<i>Vila Nova de Gaia, Portugal</i>
Prof. Slavomira Filipova	<i>Bratislava, Slovak Republic</i>
Dr. Ľudovít Gašpar	<i>Bratislava, Slovakia</i>
Prof. Bojan Jelaković	<i>Zagreb, Croatia</i>
Dr. Ana Jelaković	<i>Zagreb, Croatia</i>
Prof. Abraham A. Kroon	<i>Maastricht, The Netherlands</i>
Prof. Giuseppe Mancia	<i>Milan, Italy</i>
Prof. Luís Martins	<i>Porto, Portugal</i>
Prof. Henning Morawietz	<i>Dresden, Germany</i>
Dr. Fernando Pinto	<i>Porto, Portugal</i>
Prof. Jorge Polonia	<i>Porto, Portugal</i>
Dr. Vedran Premužić	<i>Zagreb, Croatia</i>
Dr. Manuel de Carvalho Rodrigues	<i>Lisbon, Portugal</i>
Dr. Anna Vachulová	<i>Bratislava, Slovakia</i>

GUIDELINE FOR SPEAKERS

Please locate your session room in due time and be there at least 20 minutes before the start of the session and deliver the presentation to the technician.

Presentation format: Microsoft PowerPoint, Microsoft Office Windows 10 and Office 2013 program.

Electronic Support: USB only.

Videos should be included in your PowerPoint. Presentation or at least be in a format that is supported by Windows Media Player.

We would like to ask the speakers to keep their presentations within the given time limits.

In case of using your own laptop, please inform the team in the Session/ Lecture Room, at least 20 minutes before the start of the session, in order to prepare for this.



SCIENTIFIC PROGRAM

19 September, 2019

"A" SECTION TOSCANA I. ROOM

Program / Language: Hungarian

10:00 SESSION V. UPDATE OF THE KNOWLEDGE OF THE ASSOCIATION OF OBSTRUCTIVE SLEEP APNOEA AND HYPERTENSION

Chair: Alföldi Sándor, Faludi Béla

Alföldi Sándor, Faludi Béla, Szakács Zoltán, Ádám Ágnes

11:00 Break

11:10 SYMPOSIUM - Harc a Női Szívekért Alapítvány

12:10 Break

12:25 GENERAL ASSEMBLY OF THE HUNGARIAN SOCIETY OF HYPERTENSION

14:00 Break

14:10 SESSION III. TARGET ORGAN DAMAGE IN THE EVERYDAY PRACTICE

Chair: Farkas Katalin, Nemcsik János

Farkas Katalin, Benczúr Béla, Kolossváry Endre, Nemcsik János, Szabó Eszter

15:10 Break

Program / Language: English

Session of the Slovak Society of Hypertension

15:30 SEVERAL ACTUAL PROBLEMS FOR THE MANAGEMENT OF ARTERIAL HYPERTENSION

Chair: Slavomíra Filipová, Ľudovít Gašpar, Anna Vachulová

ARTERIAL HYPERTENSION AND ATRIAL FIBRILLATION - MOST IMPORTANT RISK FACTORS FOR STROKE IN CLINICAL PRACTICE 15'

Ľudovít Gašpar

(1st Department Internal Medicine, Faculty of Medicine, Comenius University, Bratislava, Slovak Republic)

ANTIHYPERTENSIVE TREATMENT IN PATIENTS UNDERGOING ELECTRICAL CARDIOVERSION 15'

Anna Vachulová, J. Holčíková, R. Hatala

(Department Arrhythmias and Cardiac Stimulation National Institute of Cardiovascular Diseases, Bratislava, Slovak Republic)

APPROACH TO THE PROBLEM OF RESISTANT HYPERTENSION 15'

Slavomíra Filipová

(Department Cardiology and Angiology, Faculty of Medicine, Slovak Medical University and National Institute of Cardiovascular Diseases, Bratislava, Slovak Republic)

Discussion



16:30 Break

Program / Language: Hungarian

16:40 SYMPOSIUM - Boehringer Ingelheim Pharma

17:10 Break

17:15 SYMPOSIUM - KRKA

18:15 Break

18:30 OPENING CEREMONY

20:00 DINNER

SECTION "B" TOSCANA II. ROOM

10:00 SESSION VIII. PSYCHOSOMATICS

Chair: Kiss Zoltán, Nemcsik János

Somogyi Éva, Stauder Adrienne, Kiss Zoltán

11:00 Break

14:10 SESSION IV. RESISTANT HYPERTENSION: WHAT IS NEW IN THIS FIELD?

Chair: Fejes Imola, Schneider Károly

Bajnok László, Ábrahám György, Légrády Péter

15:10 Break



20 September, 2019

SECTION "A" TOSCANA I. ROOM

Program / Language: English

8:00 SESSION II. EARLY SIGNS OF HYPERTENSION, NON-MEDICAL PREVENTION, AND TREATMENT
Chair: Ákos Koller, Orsolya Cseprekál

OXIDATIVE STRESS AND ENDOTHELIAL FUNCTION: EARLY SIGN OR DETECTION OF RISK FACTORS FOR HYPERTENSION AND CARDIOVASCULAR DISEASES 20'

Henning Morawietz

(University Hospital Carl Gustav Carus Dresden, Technische Universität Dresden, Germany)

DETECTION OF SIGNS FOR HYPERTENSION IN YOUNG AGE IS ESSENTIAL. A PRELIMINARY STUDY IN A HUNGARIAN UNIVERSITY STUDENT POPULATION 15'

Ákos Koller, Járai Zoltán, Pató Anna

(Semmelweis University Faculty of Health Sciences, Department of Morphology and Physiology, University of Physical Education, Sport Physiology Research Center, Budapest, Hungary)

POST-CAREER DEVELOPMENT OF HYPERTENSION IN COMPETITIVE ATHLETES 15'

Ádám Lelbach

(Semmelweis University, Faculty of Medicine, 2nd Department of Internal Medicine, Department of Geriatrics; University of Physical Education, Institute for Sports and Health Science, Sport Physiology Research Center; Dr. Rose Private Hospital, Budapest, Hungary)

Discussion 10'

9:00 Break

Program / Language: English

9:10 ESH-MHT Joint Symposium I.
Chair: Zoltán Járai, János Nemcsik

ALBERTO ZANCHETTI, THE MAN 20'

Giuseppe Mancia

(University of Milan-Bicocca, Monza)

HUNGARIAN SOCIETY OF HYPERTENSION'S HONORARY MEMBERSHIP AWARD AND LECTURE
HYPERTENSION: A LONG, LONG STORY – ARE WE IN THE RIGHT WAY? 20'

Manuel de Carvalho Rodrigues

(Past President of the Portuguese Society of Hypertension, Portugal)

HUNGARIAN SOCIETY OF HYPERTENSION'S TÖRÖK ESZTER AWARD AND LECTURE
ROLE OF SCIENTIFIC SOCIETIES IN THE MEDICINE OF THE FUTURE 20'

Luís Martins

(Past President of the Portuguese Society of Hypertension, Portugal)

HYPERTENSION AND CHRONIC KIDNEY DISEASE 15'

Bojan Jelaković

(Department of Nephrology and Arterial Hypertension University Hospital Center Zagreb, Croatia)

Discussion 10'



10:35 Short Break

Program / Language: English

10:40 ESH-MHT JOINT SYMPOSIUM II.
Chair: Dénes Páll, Botond Csiky

URIC ACID IN ADOLESCENTS 15'

Dénes Páll

(University of Debrecen, Department of Internal Medicine; Coordination Center for Drug Development, Hungary)

NEW METHODOLOGIES AND NOW APPLICATIONS FOR ASSESSMENT OF ARTERIAL STIFFNESS 15'

Pierre Boutouyrie

(Hôpital Européen Georges Pompidou, Paris, France)

UNATTENDED BP, IS IT EASY TO PERFORM IN PRACTICE? 15'

Jorge Polonia

(Faculty of Medicine Oporto, Internal Medicine, Hypertension, Clinical Pharmacology, Portugal)

DEVICE-BASED TREATMENT OF HYPERTENSION, STATE-OF-THE-ART 15'

Abraham A. Kroon

(Maastricht University Medical Center, Department of Internal Medicine, Maastricht, The Netherlands)

CHRONIC KIDNEY DISEASE AND MORTALITY AFTER ISCHEMIC STROKE- DATA FROM ESH STROKE SURVEY 15'

Ana Jelaković

(Zagreb, Croatia)

CKD AS A RISK FACTOR FOR CV DEATH IN PATIENTS WITH ATRIAL FIBRILLATION 15'

Vedran Premužić

(Zagreb, Croatia)

Discussion 10'

12:20 Coffee Break

12:30 SYMPOSIUM - Sanofi-Aventis Zrt.

13:30-14:00 WORKSHOPS - LUNCHTIME

MARBELLA I. TEREM

1. MEASUREMENT OF ARTERIAL STIFFNESS

MARBELLA II. TEREM

3. ECG COMPETITION

IBIZA I. TEREM

2. ANKLE-BRACHIAL INDEX SCREENING

IBIZA II. TEREM

4. ABPM TRAINING

13:40 POSTERS - FOYER

14:30 SYMPOSIUM - Berlin-Chemie / A. MENARINI Kft.

15:30 Short Break



15:35 SYMPOSIUM - Egis Gyógyszergyár Zrt.

16:35 Coffee Break

16:45 SYMPOSIUM - Sandoz Hungary Kft.

17:45 Break

Program / Language: English

18:00 14th HUNGARIAN-PORTUGUESE SYMPOSIUM
Chair: Csaba Farsang and Luís Martins

HYPERTENSION GUIDELINES: WHAT DOES IN THE CLINICAL PRACTICE CHANGE?

Manuel de Carvalho Rodrigues

(Past President of Portuguese Society of Hypertension)

ENDOVASCULAR INFLAMMATION IN CARDIOVASCULAR MEDICINE: WHERE DO WE STAND?

Luís Bronze

(Elected President of the Portuguese Society of Hypertension)

NEW ASPECTS IN THE MANAGEMENT OF RESISTANT HYPERTENSION

Fernando Pinto

(Past President of Portuguese Society of Hypertension)

HYPERTENSION, COGNITIVE DECLINE AND DEMENTIA: IS THERE REALLY A LINK?

Vitor Paixão Dias

(President of Portuguese Society of Hypertension)

19:10 Break

20:30 Dinner

SECTION "B" TOSCANA II. ROOM

Program / Language: Hungarian

08:00 FREE COMMUNICATION ORAL PRESENTATIONS
Chair: Finta Ervin, Kovács Tibor

Ábrahám Erzsébet Judit, Baracsi-Botos Viktória, Nagy Viktor, Vecsey-Nagy Milán, Tamás Péter, Szabó László

09:00 Break



21 September, 2019

SECTION "A" TOSCANA I. ROOM

Program / Language: Hungarian

08:00 SESSION VIII. CARDIOVASCULAR RISK AND CHRONIC KIDNEY DISEASE

Chair: Nagy Judit, Csiky Botond

Csiky Botond, Sági Balázs, Nagy Judit, Cseprekál Orsolya

09:00 Break

09:10 SYMPOSIUM - Richter Gedeon Nyrt.

10:10 Coffee Break

10:20 SYMPOSIUM - Egis Gyógyszergyár Zrt.

11:50 Break

12:00 SESSION I. THE HUNGARIAN HYPERTENSION GUIDELINE AND THE REALITY: HOW FAR IT IS?
THE HUNGARIAN HYPERTENSION REGISTRY

Chair: Farsang Csaba

Járai Zoltán, Nemcsik János, Páll Dénes, Benczúr Béla, Ábrahám György, Légrády Péter,
Simon Attila

13:00 CLOSED CEREMONY

SECTION "B" TOSCANA II. ROOM

08:00 SESSION IX. DIFFICULTIES OF THE CARE OF HYPERTENSIVE PATIENTS IN FAMILY MEDICINE:
FOCUS ON PRAXIS COMMUNITIES

Chair: Nemcsik János, Torza Péter

Torza Péter, Nemcsik János, Mohos András

09:00 Break

12:00 SESSION VI. HYPERTENSION AND DEMENTIA

Chair: Székács Béla

Székács Béla, Kovács Tibor

